

Serenity Springs Memory Care *A choice for an active life.*

Our program allows the resident to remain active in life by focusing on enhancing and maintaining individual abilities by providing interactive programming. We share many activities every day with our residents, each of which is designed to stimulate the mind and lift the spirit. Our goal is that your loved one will find success, meaning and pleasure in every day; a reason to smile, get dressed, laugh and celebrate.

Our mission is Residents First

Our commitment is to care for the whole person and individualize their needs and engage in an activity program that results in the best outcome for any stage of Dementia or Alzheimer's. We will promote and provide quality and compassionate care for each individual, with open and honest communication, and work with families to provide them with comfort, care, and any resources to help with added support as it may arise.

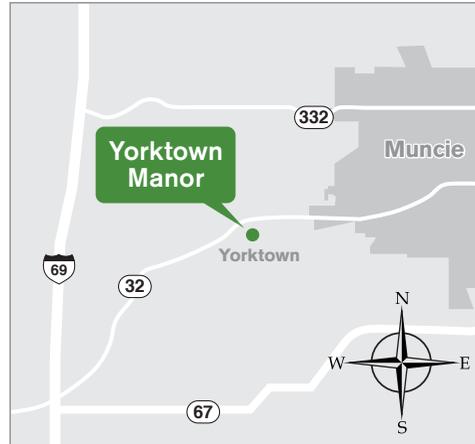


Take a Tour



Learn about our specialized care for Dementia, Alzheimer's and related cognitive diagnoses.

Yorktown Manor offers preadmission consultations to ensure Serenity Springs is the most appropriate environment for your loved one. We welcome you to tour Serenity Springs at Yorktown Manor at any time.

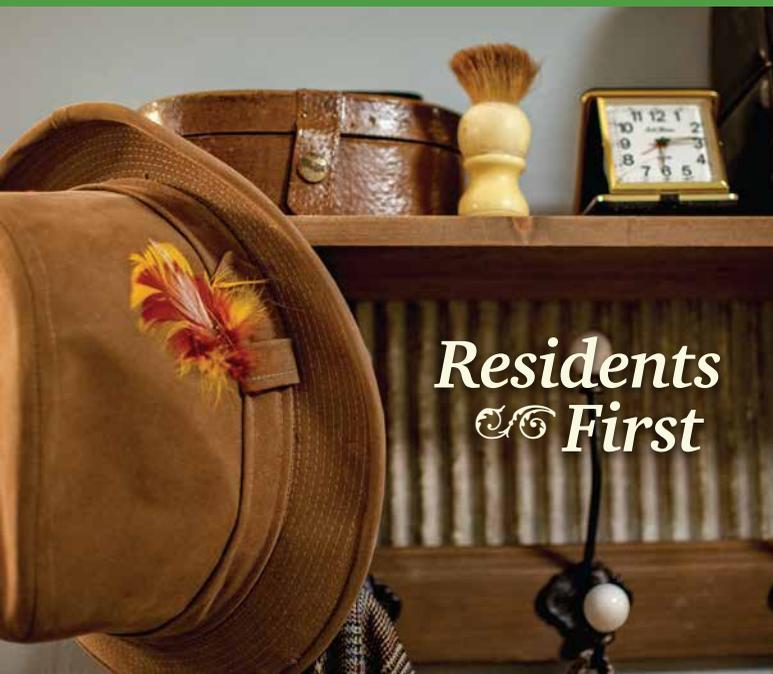


We are right off Highway 32.



Serenity Springs

MEMORY CARE



Residents First

Yorktown Manor
2000 S. Andrews Rd.
Yorktown, IN 47396

(765) 759-7740

www.yorktownmanorhealthcare.com

We Accept Private Insurances, Medicare and Medicaid.

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2000 S. Andrews Rd, Yorktown, IN 47396

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Serenity Springs

MEMORY CARE

Your loved one is residing on a Special Care Unit designed for those individuals living with Dementia or a related memory disorder. The staff on this unit have received additional training on caring for those with Dementia. Our staff are compassionate, patient and understanding and will work with you and your loved one to provide the best quality of care.

Dementia changes everything over time. It is not something that your loved one can control, and it is not always the same for every person. On our unit, we want every resident to feel comfortable and to be able to freely express themselves while maintaining as much independence as possible.

Our unit has some very special “quirks” – we call it freedom of expression and being oneself! Here are some of the “quirks” you might observe when you visit:

- Your loved one might be wearing someone else’s sweater or vice versa. Most individuals with Dementia are very giving and like to share. Items are returned to the proper owner.
- Your loved one might enjoy holding hands with another resident. Several studies have shown touch to help lower blood pressure, decrease pain, improve mood and calm agitation.
- Your loved one might take a nap on another resident’s bed. Individuals with Dementia can tire easily. Sometimes a quick nap is just the answer; a comfy spot is a comfy spot!
- Your loved one might try to eat mashed potatoes with their hands. Individuals with Dementia experience changes in tactile stimulation and vision; so instead of mashed potatoes, we’ll serve potato wedges.
- Your loved one’s outfit might be a little unconventional. Individuals with Dementia tend to layer clothing or might put their shirt on backwards. We encourage independence and will ensure that your loved one is comfortable at all times.

We learn from each other and will continue to work hard to ensure your loved one is always well cared for and safe. For additional information or resources on Dementia, please contact Social Services or the Serenity Springs Memory Care Unit Director.



Serenity Springs encompasses key elements to providing the best possible Specialized Memory Care Facility.

Community & Life Enrichment

Yorktown Manor offers life enrichment opportunities that provide meaningful activities and an atmosphere of calm such as:

- *Small Groups*
- *Self-Directed Activities*
- *Program Director and Social Services*
- *Outings and Events*

Support Services

Our compassionate and expert caregivers take pride in knowing and meeting the needs of our residents and their abilities. Their skills and training helps them provide 24-hour assistance to our residents. We believe in a holistic approach that provides medical assistance, builds support and friendships and give hope to the residents when they are unable to recall their own story. We also offer the following support services in our neighborhood:

- *Preadmission Consultations*
- *Care Plan Meetings*
- *Respite Care*
- *Companion Rooms to assist with transition process*
- *Therapy*

Safe & Secure Environment

We offer a safe and secure environment that is designed to meet the needs of your loved one as they are in the most challenging stages of the disease progression. The environment is created to promote resident independence with the ability to explore safely and includes:

- *Secured Community*
- *Enclosed Courtyard*
- *Wander Guard System*
- *Frequent Rounding*
- *Certified Dementia Professionals on Staff*